


# KURSPLAN

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
10.00-11.00  COMPACT	10.30-11.30  COMPACT		10.30-11.30  COMPACT	09.30-10.30  COMPACT		10.30-11.30  COMPACT
17.00-21.00 	17.00-21.00 	17.00-21.00 	17.00-21.00 	10.30-13.00 		10.30-13.00 
	17.00-17.45 <b>REHA-Sport</b>		18.15-19.00 <b>ZUMBA</b>	17.00-21.00 		 10.30-11.30 <b>SOMA</b>
	17.45-18.30 <b>REHA-Sport</b>	18.00-19.00 <b>PROFI-CHECK</b>	19.00-20.00 <b>PUMP THE BUMP</b>	17.00-17.45 <b>REHA-Sport</b>		
	17.45-19.15 <b>YOGA</b>	18.00-19.00 <b>Marre`s Zirkel</b>	19.30-20.30  COMPACT	17.45-18.30 <b>REHA-Sport</b>		
	18.30-19.30  COMPACT			17.00-17.45 <b>WIRBELSSÄULEN-</b>		
19.30-20.30  COMPACT	19.00-20.00 <b>Step by Katrin</b>	19.00-20.00  COMPACT		19.00-20.00  COMPACT		